

Face Mask Instructions Using Elastic

Directions

Note: Use a 1/4" to 3/8" seam

1. Place the two pieces of cotton fabric right sides together, matching edges and pin together to hold.
2. Starting at the center of one long edge, sew to the first corner, stopping about 1/2" short of the edge. Place one end of a 7" length of elastic in between the two pieces of fabric, slightly angling the elastic towards the center of the mask. Secure the end of the elastic by **stitching back and forth several times**.

Pro Tip: *If using rope elastic, sew the end of the elastic to the corner with the knot facing out.*

3. Turn and sew the short edge, again stopping about 1/2" short of the edge.
4. Take the end of the elastic that you've already stitched and slide it to the corner and stitch it securely in place, finishing the corner.

Pro Tip: *Make sure the elastic is not caught in the seam as you sew around each side.*

5. Continue sewing to the opposite edge and repeat the elastic insertion process.
6. Finish sewing all edges, leaving a small space to turn the mask right side out.
7. Turn the mask right side out and gently tug on the elastic to be sure it is secure.
8. Make 3 tucks on one short side of the mask and pin in place.
9. Make 3 tucks on opposite short side of the mask and pin in place.

Pro Tip: *Make sure the tucks are going in the same direction on both sides of the mask*

10. Top-stitch completely around the mask – twice – to insure that everything is secured.

Please assure there are no fraying or unfinished seams. Masks will be cleaned and sanitized by the receiver. Please follow the guidelines and any special requests from each receiving organization that can be found on the <https://www.WeNeedMasks.org> website.

Materials Needed for One Adult-Sized Mask

- **Two** 6.5" x 9.5" pieces of tightly-woven 100% cotton fabric
- **Two** pieces of 1/8" or 1/4" flat elastic each cut in 7" lengths

Rope elastic can be used if flat elastic is not available. If using rope elastic, you will need to make a knot at the end of each 7" length

If you are unable to find elastic, fabric binding that ties behind the head may be used. You will need to adjust the instructions to accommodate this change.

Directions prepared for [WeNeedMasks.org](https://www.WeNeedMasks.org) based on mask instructions from Deaconness Health



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